



INTERNATIONAL DAY OF YOGA

ST. XAVIER'S COLLEGE

VAIKOM, KOTTAYAM

21 (K) Bn NCC, ERNAKULAM

KERALA & LAKSHADWEEP DIRECTORATE



ST. XAVIER'S COLLEGE
KOTHAVARA
VAIKOM

21- JUNE- 2021

"Practice yoga for extreme well-being of the body, as a means of catharsis for releasing stress and to embrace a new you."





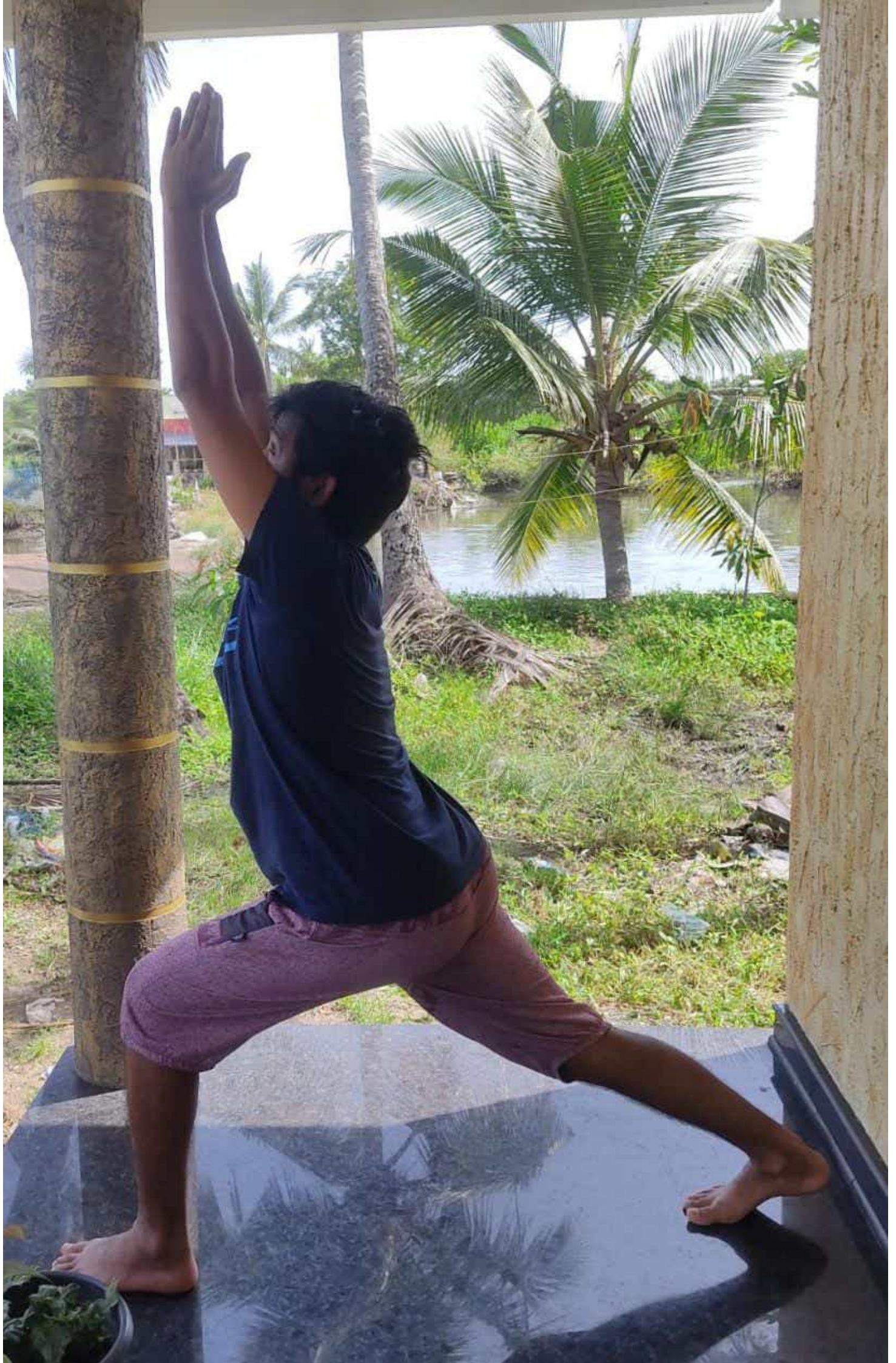










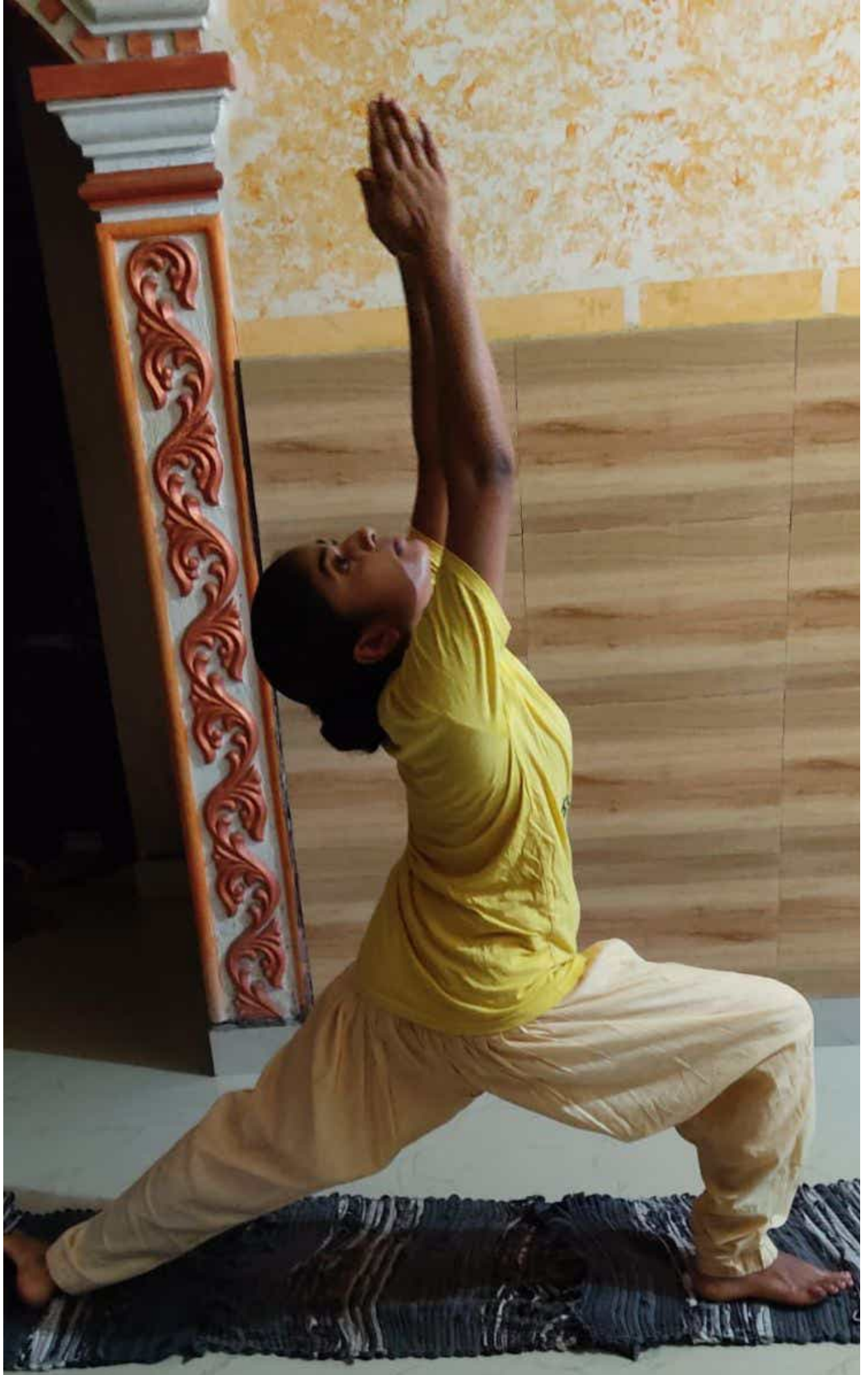


















PASCHIMOTTANASANA

































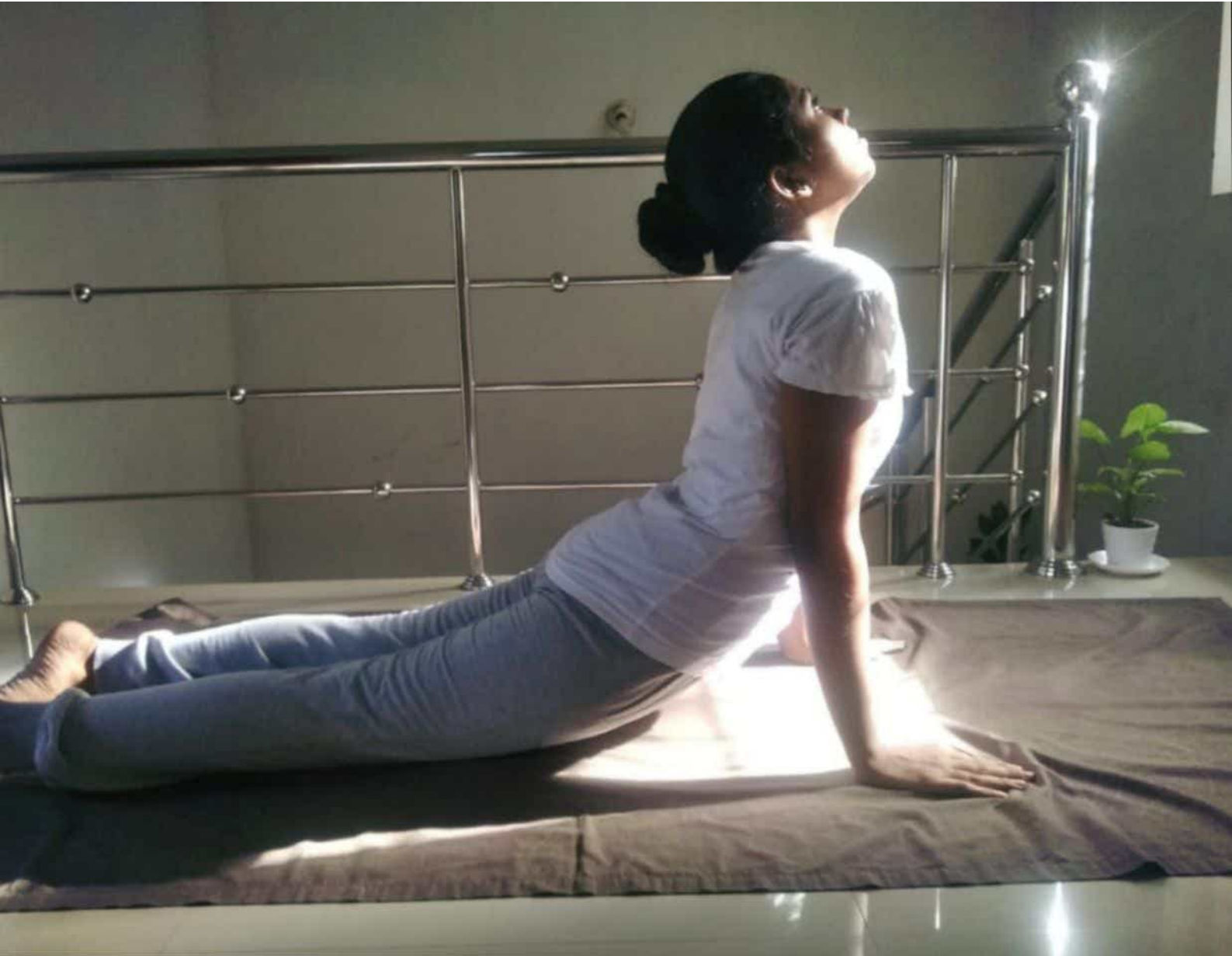




TRIKONASANA

















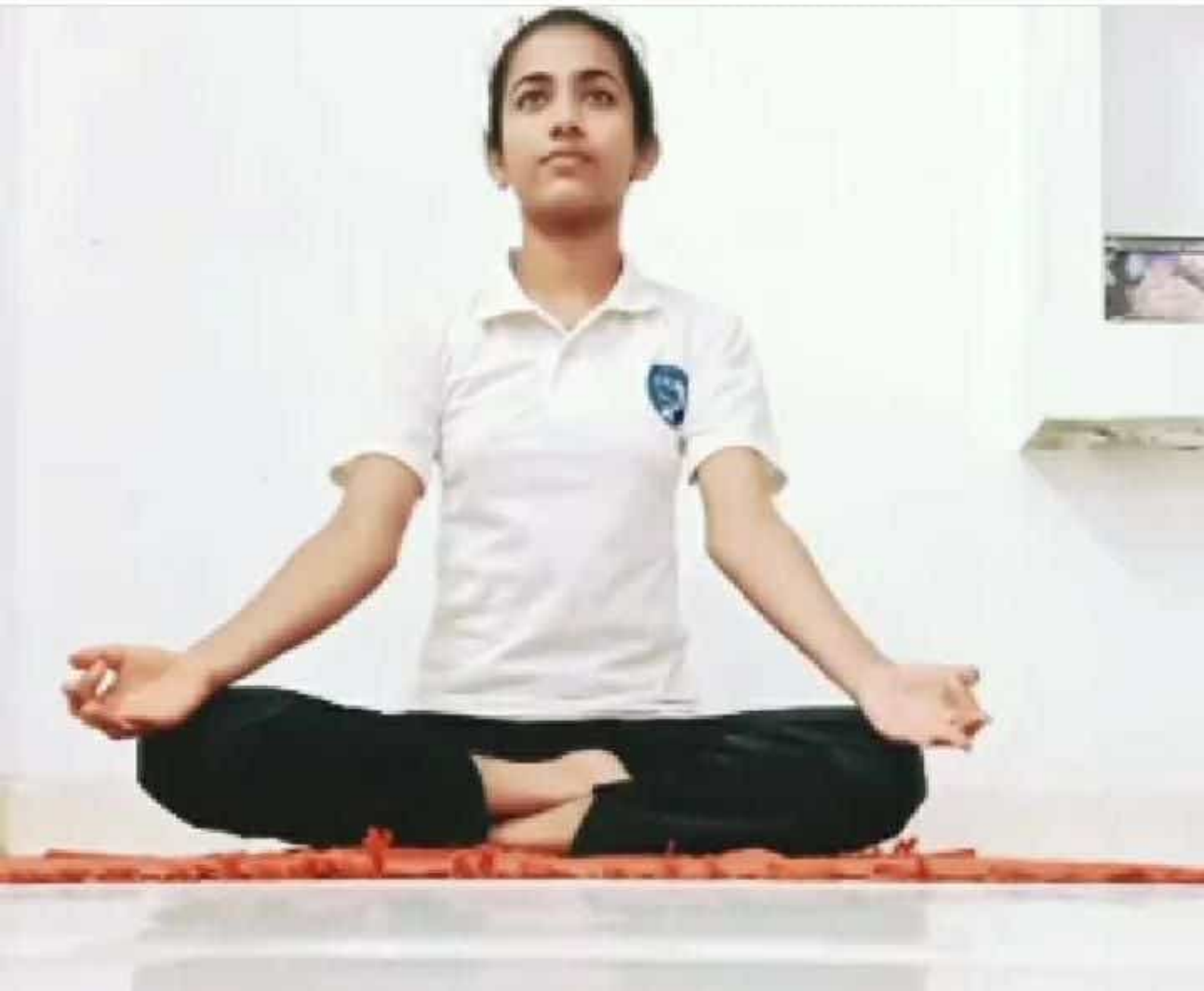








BHUJANGASANA



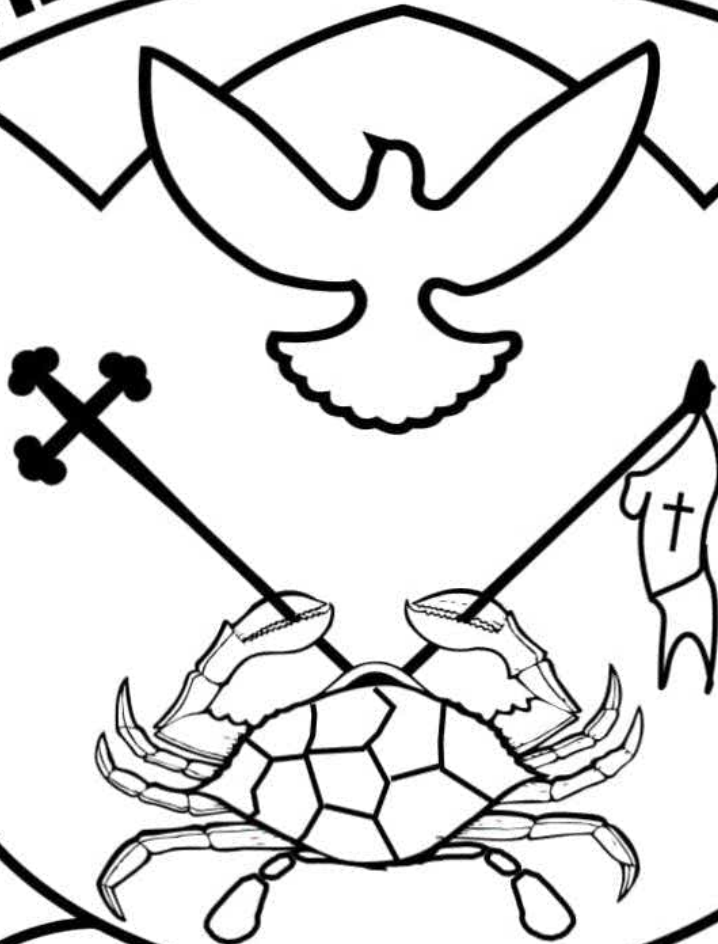




ST. XAVIER'S COLLEGE

VAIKOM

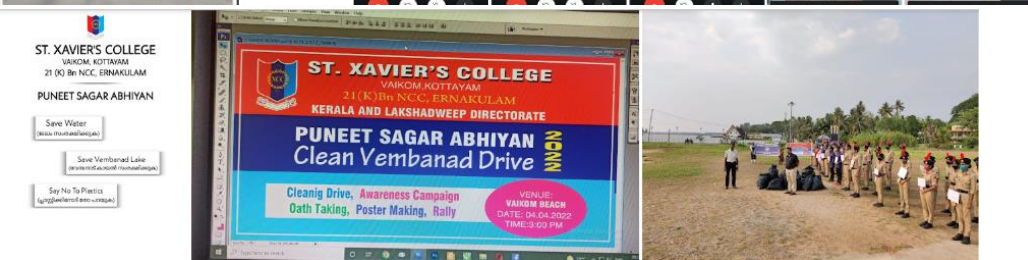
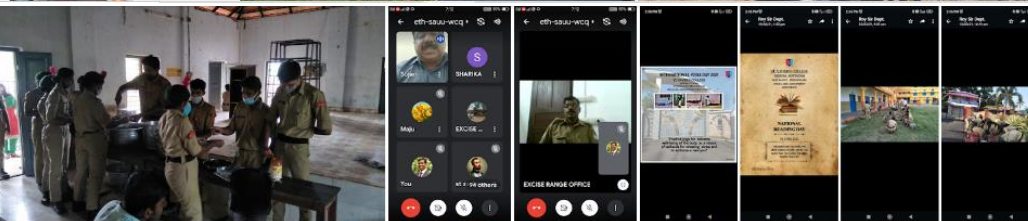
KOTHAVARA



LEAD KINDLY LIGHT

NCC - Punarjani , anti narcotic webinar, Puneet sagar and other events 2021-22

Jul 1 - 20









**YOUTH WELFARE SOCIETY VAIKOM
YOUTH WELFARE BOARD YOUTH CENTER, UDAYANAPURAM**

IN ASSOCIATION WITH
NCC UNIT ST. XAVIER'S COLLEGE VAIKOM

PUNARJANI 2021

School Renovation Camp

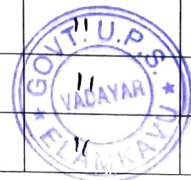
On 2021 October 19th at Elamgav Govt. UP School Vadayar

Sl.No	Name	Male/Female	Youth Club / NCC	Phone Number	Signature
1.	Dhanalakshmi.m.s	Female	NCC	7025843198	Dhanalakshmi
2	Aswathy Babu	Female	NCC	9544551834	Aswathy
3	Jincy Uthahannan	Female	NCC	9747790539	Jincy
4.	Maheswary.S	Female	NCC	9747550108	Maheswary
5.	Gayathri.L	Female	NCC	6235874896	Gayathri
6	Anecsha p.s	Female	NCC	9048072086	Anecsha
7	Aleena Benny	Female	NCC	7994765978	Aleena
8	Abhirami Biju	Female	NCC	7025858704	Abhirami
9	Ajitha T.C.	Female	NCC	8589857029	Ajitha
10	Abhirami Renjith	Female	NCC	9847232099	Abhirami
11	Arya Chandran	Female	NCC	7736602010	Arya
12.	Sachitha.V.C	Female	NCC	9633606383	Sachitha
13.	Daisy p.B	Female	NCC	7560836068	Daisy
14.	Abhinavth Ashoka	Female	NCC	9744741198	Abhinavth
15	Adhua Babu	"	"	7902228450	Adhua
16	Archana Poemdas	"	"	7510946016	Archana
17	Sona Joseph	"	"	9495048355	Sona
18	Arda.G.Nair	"	NCC	9201082524	Arda
19	Aiswarya Ajith	"	NCC	9656646481	Aiswarya
20.	Any Xavier	"	NCC	8943274889	Any
	NEENA PEETER	"	NCC	9188200541	Neena
22.	RESHMA	"	NCC	9526379766	Reshma
23	SALBY SAJU	"	NCC	9645276666	Salby
24	ATHULYA K.R	"	NCC	8038543564	Athulya
25.	Hanipriya N.H	Female	NCC	9061347803	Hanipriya
26.	Abhimol M.S	"	"	9562963084	Abhimol
27.	Navya Rajesh.	"	"	9037356342	Navya
28.	Anagha R.	"	"	7025774882	Anagha

Handwritten notes and signatures in the left margin.

Handwritten initials/signature.

K.V. SHYAM
HEADMISTRESS
Govt. U.P. School
Udayanapuram
PIN: 686502



29.	Anitta Maxwell	Female	NCC	940067530	<i>Am</i>
30	Anugraha Rajendra	"	"	8921775169	<i>Anugraha</i>
31	Abhijith Sunil	Male	NCC	8289914857	<i>Abhijith</i>
32	Vishnu. P.S	Male	NCC	735691934	<i>Vishnu</i>
33	Abhiram. B	Male	NCC	9567315922	<i>Abhiram</i>
34	Manu. P. S	Male	NCC	8075064306	<i>Manu</i>
35	Pratheesh. Sudhakar	Male	NCC	9207125001	<i>Pratheesh</i>
36	Alvi Louis	Male	NCC	9207648168	<i>Alvi</i>
37.	Akash shibu	Male	NCC	8714347486	<i>Akash</i>
38	Athul. A	Male	NCC	91882821931	<i>Athul</i>
39.	Anns. Xavier	Male	NCC	9961547237	<i>Anns</i>
40	Francis Jose	Male	NCC	965628813	<i>Francis</i>
41.	Ajel Stefan	Male	NCC	9467400669	<i>Ajel</i>
42	JOEL JOSEPH	Male	NCC	7994823551	<i>Joel</i>
43	Krishna Prasad. G	Male	NCC	9778245285	<i>Krishna</i>
44	Jyothis Mathew	Male	NCC	854786919	<i>Jyothis</i>
45	Abin. Sabu	Male	NCC	7356963889	<i>Abin</i>
46	Subin Sainthosh	Male	NCC	8943115220	<i>Subin</i>
47	Blestin. V. Benny	Male	NCC	7034899600	<i>Blestin</i>
48.	Naal K. Joseph.	"	"	8129751553	<i>Naal</i>
49.	N.S. Harishankar	"	"	9656531416	<i>N.S.</i>
50.	Manu Mathew	"	"	7025480318	<i>Manu</i>
51.	Amal manoj	"	"	9946488351	<i>Amal</i>
52.	Jesin. C.R.	"	"	9562995961	<i>Jesin</i>
53	Vasun Raveendran	"	NCC	8078004613	<i>Vasun</i>
54	Santay K.S	"	"	8998698981	<i>Santay</i>
55.	M.P. P. Mathew	"	NCC	8129991863	<i>M.P.</i>
56	Kannor Venugopal	"	"	8547822191	<i>Kannor</i>
57	Allen Joyes	"	"	9562995716	<i>Allen</i>
58	Antony C J	Male	NCC	9656803135	<i>Antony</i>
59	Rithu Roy	Male.	NCC.	8281088048	<i>Rithu</i>

Lt. Roy Mathew
N.C.C. Officer
Xavier's College,
Kottayam



Constitution Day Celebration 26 November 2021

Jul 1 - 8 · Shared



Asthra 2022 Intercollegiate Quiz Competition and other competitions

Jun 30 - Jul 6 - Shared

Join GO M

